

# Deep Spring Center

## Board of Directors Meeting

05 MAY 2019 / 8:00 PM EST / ZOOM

### Attendees

Isabelle Mook-Jodouin, Tana Dean, Robert Lee, Roann Altman, Tavis Taylor, Barbara Brodsky, Mary Bruey, Anne Karle Zenith

Regrets: Patricia Polanski

Guest: Colette Simone, Deborah Basham

### Aaron's Guidance

My blessings and love to you all. I am Aaron.

After the retreat, a week in which the primary teaching was of non-duality and spaciousness, wisdom and the open heart, being present with things as they are in this moment, Barbara got onto the plane as she described, and there was this message saying, her husband is totally non-responsive, they've taken him to the ER. Fear, grasping. She had two hours to meditate on this. Either he will be alive at the end of the trip, or he will not be alive. Those are the only two possibilities. If the body is deceased, where is the Hal that she carries in her heart? That is what is alive in every moment and cannot be lost, for each of you with your loved ones. Take a good look at them, and know that that moment is all you have with them. And then maybe the next moment, and the next moment, but there's no guarantee. Just this moment.

This is such an important teaching. They were practicing it down on the beach, watching the waves come in, sea, a vast expanse of sea and then a big wave, breaking, rolling up the sand, and where is that wave now? We do not deny the existence of the wave, but in the next moment, it's gone.

I would like you to consider Deep Spring Center as such a wave. What is this wave that we call Deep Spring Center? In this moment that we might call a decade, or two or three decades. But eventually, slap (*gesturing*), it's gone, and a new wave comes up. The Deep Spring Center of tomorrow will be different than the Deep Spring Center of today. I invite you to be as present as you can, as board members, to the Deep Spring Center that you are co-creating, and then to hold that with fullest presence in your heart. What is the nature of this "wave" that may touch many people? Is it as wholesome and beautiful and clear as it can be? Does it truly express the values that we want to express?

I invite you to look in your lives at what you may be clinging to, people, or any kind of form or thought or energy. Not what was it yesterday, not what will it be tomorrow, what is it today? And how can I most fully connect with that life, or thought or energy, and hold it in my heart so I can never lose it?

At this point, Deep Spring is strong, I do not expect it to pass away soon. So my talk here is not about anything negative happening within Deep Spring Center. It's more about your connecting

deeply to what it is that you cherish, and knowing that as fully as possible in this moment. Carrying it within you and offering it to others, carrying it within you and offering it to others. Knowing that everything you currently possess will pass away, cherish it while you have it. And when it passes, ask, what remains? What remains of this person, this teaching, this philosophy, these emotions? What remains that is part of the core of my being, and that I cannot lose? Just a reflection. Thank you. I will release the body.

## President's Report

- A. Action item list from last meeting(s) or for future meetings ~~known to be completed-~~
1. Aaron asked the Board members to do positive manifestation visualization exercise on a daily basis.
  2. Tavis to review legal forms-Robert Jacobs reviewing.
  - ~~3. Tavis to review Bylaws~~
  4. Board members to think about what the DSC Marketplace policy should include. Need a sub-group to work on this and present to Board.
  5. Mary working on which vipassana instruction audio would be best for the website.
  - ~~6. Tana to double check that dana for Barbara link is included with Evenings with Aaron and other transcripts/videos that get sent out.~~
  7. Tavis and Barbara to continue discussing property rights agreement.
  8. Bob, Anne and Tavis to determine how to pay blog participants from Ziad's funds as a non profit, gifts from Ziad's donation funds seems the best.
  9. Revisit **Vision/Mission**: they're backwards: The **Mission** is to be primary, the wider and more general view: what we do, who we serve, and how we serve them; the **Vision** provides direction for the future: what we want to become.
  10. Steiner retreat 2020 Mar 6-8 needs a teacher.
  11. Celeste asks to add Rainbow meditation to website - Tana to connect with Celeste.
  - ~~12. Bob to look into whether there is a non-profit discount for Quickbooks online.~~
  - ~~13. Tana to request a third volunteer for videotaping.~~
  - ~~14. Isabelle to ensure Google Drive folder for upcoming agenda items is clearly labeled.~~
  - ~~15. Isabelle to give access to Pat and Anne to the DSC Board Google Drive.~~
  - ~~16. Tana to take bullet points from last month's agenda and send out request for a volunteer project manager for newsletter.~~
- B. Audiobooks project still being researched by Mary and Tavis. Starting to test record volunteer readers.
- C. Bonus for Tana? Deferred.
- D. Conflict of Interest agreements-sign at retreat - all Board members to sign annually.
- E. Vision vs Mission  
Anne will spend some time working with the vision and mission statements. Debra to send contact information for a friend with business experience to Anne.

## Committees

### Current Financial Update

Finances continue to be stable. Steiner retreat generated some income.

Quickbooks online: non-profit rate is 30\$ a month for first year, for 3 users.

## Remembering Wholeness

Stable attendee numbers.

Attendees advised to take note of their own messages.

## Retreats

**Oakwood 2019:** Planning is streamlined this year. Retreat team working very well with Tana. 10 registered so far. Early bird extended until June 14. Manager is Nancy Beckman. Several people from Emerald Isle expressed interest in attending Oakwood.

## Curriculum Team

Mary looking for replacement, has sent out request to DP class.

**2-year Dharma Path:** continuing to go well.

**Spring Intensive Dharma Path:** May 23-28 at Triple Crane Monastery.

**Awakened Heart Class:** To be advertised in summer Crazy Wisdom, deadline is in July. 2 evenings with Aaron a month, one is Evening with Aaron, the other will be the AH class. Will need volunteers to set up videotaping equipment. Mary to prepare requirements for volunteers for class and send to Tana. Tana to send out request for volunteers, including that training is provided.

**Healing Workshop with Aaron, Yeshua and Father John:** Barbara and Tavis to discuss date.

## Bylaws

Tavis' review complete, sending to Board for comments. Board members to sign at intensive.

## Technology

Mary focusing on audio and video editing. Bill and David on board. Recommend a total of 3 on the team for video taping.

## Archives

Work continues.

## Marketing

### Blog

URL: WordsOfLight.net. Funded by Ziad. Team members are: Janice Keller, Bill Altork, Debra Basham, Terri McClernon, Henry Beitz, and Isabelle. Board voted for approving Isabelle's work on the blog - 4 approving votes. Core team meeting with Ziad this week. Oversight by Ziad and Roann.

Bill and Isabelle to get paid once work starts. Tana and Bob working on payment.

### Video/Podcasts

Podcasts on hold.

**Copyrights:** Release forms being worked on, hopefully ready in next few weeks.

**Mailchimp:** is pending. Sent a request for people to re-register as we move over to Mailchimp, as we lost a lot of people in the transition.

### **30th anniversary celebration**

Celebration #1 at DP intensive, will have cake as part of Sunday dinner.

Celebration #2 at Barbara's Sept 6, potluck, 6pm.

Tana to send email to general email list, asking people to send in a heartfelt statement of what Deep Spring means to them. Roann to review. Ask permission to put on website with advertising 30th year anniversary, inviting people to attend celebration in September.

**Quarterly newsletter:** via email. Collette Simone, Patricia Polanski, and Roann working on this together.

### **Manager's Report**

See detailed report.

**July fundraising:** Tana to contact Nina to ask if she can review. Will include request for donations for Barbara's new computer.

### **Soma**

Email list continues to increase, 139 at last count.

### **Barbara**

New computer delivered, more setup required.

## **Action Items**

1. Monthly team reports to go to both Tana and Isabelle. Please change dates to reflect current dates on your reports
2. Isabelle to change folder structure of reports for Board meetings so that all reports for one meeting are in a single folder.
3. Tana to connect with Celeste regarding getting the Rainbow meditation from the DP class up on the website.
4. Anne will spend some time working with the vision and mission statements. Debra to send contact information for a friend with business experience to Anne.
5. Mary to prepare requirements for volunteers for Awakened Heart class and send to Tana.
6. Tana to send out request for volunteers for Awakened Heart class videotaping, including that training is provided.
7. Tana to send email to general email list, asking people to send in a heartfelt statement of what Deep Spring means to them. Roann to review email before it goes out.

8. Tana to contact Nina to ask if she can review July fundraiser. Will include request for donations for Barbara's new computer.

## Next Meeting

June 23 2019, 8 PM Eastern