

Deep Spring Center

Board of Directors Meeting

19 JANUARY 2020 / 8:00 PM EST / ZOOM

Attendees

Isabelle Mook-Jodouin, Tana Dean, Robert Lee, Roann Altman, Tavis Taylor, Barbara Brodsky, Patricia Polanski, Mary Bruey

Regrets:

Aaron's Guidance

My blessings and love to you. I am Aaron. Many of you spoke about being overly busy, stressed. And I can understand that. Your lives are very busy. But as I listen to you, and look at your energy and look at the akashic records, part of the issue is that you are trying to be in several places at the same time.

You've heard me say, time is an illusion. There is just this moment. If in this moment, you are watering the plants, just water the plants. Stirring the oatmeal: just stir the oatmeal. Planning: stop and sit down and plan.

You say, I am too busy to sit down and plan. Well, you are going to plan much more effectively if you will stop and sit down, and focus on, what are the needs right now, in this hour, in this morning, in this day? And how will I fulfill those needs best?

So I watch Barbara stirring the cereal with one hand, noticing the plant wilting and filling the pitcher, rushing off to pour water on the plant, coming back, stirring the oatmeal again, looking at her watch and thinking, "I only have twenty-five minutes to eat and plan before I have this or that meeting". Come home. Breathe. Be present. You can do it. That which is aware of being overextended is not overextended.

But if the mundane consciousness feels that way, then take a look at your schedule and decide what you can drop for this day, for this week. Or maybe you have to drop it entirely, come back to it next month. Do it with love or not at all. Not with an "I must, I should". "I choose to. I aspire to." For, for what reasons? So that you don't let somebody down? So people will admire you? No, because this is where your heart is. No matter what it is you are doing, do it with love. And I think you will find a real shift in the pace of your lives.

I love you all, and I do realize how busy the human experience is. I am not - I am looking for the best word - not chastising you, only trying to help support you fulfilling your deepest intentions. That is all.

President's Report

- A. Action item list from last meeting(s) or for future meetings known to be completed-

1. Aaron asked the Board members to do positive manifestation visualization exercise on a daily basis.
 2. Each Board member to write up a short bio of themselves and send to Tana to put on the Board members section of the website. (received from Mary, Pat, Tavis, Isabelle)
 3. Tana to ensure bylaws are linked on the website, and a hard copy in the file.
 4. Desja to interview Barbara for Wikipedia article.
 - a. Desja to get photos from Barbara and send text and photos to Roann by March 1 for review.
 - ~~5. Bob and Anne to create a 6 month budget for January to June, 2020~~
 6. Tavis to collect information on cost of recording audio books as one of the projects
 7. Tana to conduct Zoom instruction with Desja and Mary for editing videos from retreats and pulling out segments for posting on YouTube.
 8. Anne and Tana looking at cost versus impact of fundraising.
 - a. Tana to connect with Anne to discuss
 9. Anne to write jotform request for fundraising team volunteers.
 10. Tana to get marketing for Steiner 2020 out early in 2020.
 11. Pat to work with Colette on catchy newsletter subject lines.
 12. Roann to review Desja's writing of Barbara's info be put on Wikipedia.
- B. Audiobooks project still being addressed by Mary and Tavis.
 Large donation earmarked to publishing and Audible projects.
 Barbara to connect with someone she knows who could potentially translate into Spanish.
 Tavis to connect with Henry re: timelines for Kindle publishing.
 Tavis will resume research for professional narrators.
 Tavis taking books to Brazil to ask Daniel to translate to Portuguese.
 Barbara to bring Human to Brazil to give to Daniel to translate.
 Need to check into copyright for German version of Cosmic Healing.
- C. Room for two more board members, 9 max including Barbara (non-voting)
 Ann resigned recently, so need a new treasurer.
- D. Volunteer student from the UM School of Information did not materialize, will need to wait until next quarter to see if a student is interested. Next application round in spring.
- E. Another UM department can assist with website/video editing
- F. Board accepted outline format of Refund Policy
 Tana to put on website and in retreat and workshop materials.
- G. Who are we? List skills and interests for Board only, post on Google drive.
- H. List of volunteers on Drive, and a volunteer leader to keep track and send requests to Tana to send out.
- I. Approved new vision and mission statement, Tana to put on site:

Vision

To co-create with all sentient beings a loving world awakened to higher consciousness, while taking comfort that this is already so.

Mission

Guided by wisdom teachings from multiple traditions during courses, retreats, and private sessions, our loving community commits to spiritual practices of living with increasing wisdom, compassion, and an open heart.

Teams

Current Financial Update

1. \$5,000 CD set aside for Tana's severance if needed
2. January 17, 2020 bank account balance is steady.
3. 2019 was break even year, stable for now.
4. 2020 6-month budget drafted
Will need more funding to replace DP revenue when class ends in June.
5. Fundraising
Need a fundraising team to meet in March 2020: President, treasurer, Tana and one other member.
Board members to forward any names of suitable sangha members to Bob
Tana to send out email asking for volunteers
Pat developed thank you letter template

Remembering Wholeness

Stable attendee numbers.
2 sessions scheduled over next 6 months.
Bob or Tana will post notice of cancellations on dates that were previously announced in Crazy Wisdom.

Retreats

Steiner 2020: Dan Muir teaching, Bob Lee manager

Oakwood 2020: October 3-11, 2020, needs manager

Tana to prepare request to send to previous Oakwood retreat attendees and send to Mary for review

Mary will be resource contact for this manager(s)

Members: Ruth Essig and Collette Simone

Curriculum Team - Mary/Aaron/Tana

A/V team pulling out portions of previous workshops to be used for shorter videos

2-year Dharma Path: 2 yr Dharma class full.

Spring Intensive Dharma Path: June 12 - 20, 2020.

Awakened Heart Class: Awakened Heart class up and running, Tana to send email invite to class participants for Steiner 2020.

Will need to think about fall curriculum.

Bylaws

All done.

Technology

1. Back up buddy used to create backup of DSC content; saved to Google Drive and physical hard drive.
 - Tana to buy EMP bags and store local hard drive in fireproof box.
 - Will need to determine logistics to access physical hardware if Tana not available.
 - Isabelle to connect with Roger to determine safe electronic password retrieval for Board if Tana not available.
2. Web redesign
 - Tana to reach out to local WordPress designers and get quotes for design only.
 - Roann to help with concepts.
 - Tana and Isabelle to implement.

Archives

Getting files ready to be moved in 2020. UM student wasn't available this quarter.

Isabelle planning to create Wordpress archive site.

Marketing

Blog: Blog posting to start asap

Old content to be moved off: transcripts to Archives site, and books to their own pages.

Tana to move books to their own pages.

Quarterly newsletter: Pat to determine when next issue will come out.

Manager's Report

See detailed report

Social media continues to increase contacts

Barbara

Barbara to determine which son will take over DSC property in the event of DSC dissolution.

New classes fall 2020: Barbara to ask Dharma Path class students what they would like to see for classes in fall

Tana needs new class content description by April.

Action Items

1. Tana to confirm that bylaws are on website.
2. Tavis to collect information on cost of recording audio books
3. Tana to connect with Anne to discuss versus impact of fundraising.
4. Pat to work with Colette on catchy newsletter subject lines.
5. Roann to review Desja's writing of Barbara's info be put on Wikipedia.
6. Barbara to connect with someone she knows who could potentially translate.
7. Tavis to connect with Henry re: timelines for Kindle publishing
8. Tavis to research professional narrators.
9. Barbara to bring Human to Brazil to give to Daniel to translate.
10. Tana to put outline format Refund Policy on website, and in all retreats and workshop materials.

11. Board members to put their skillsets into the Google Drive document.
12. Tana to place Vision and Mission on website.
13. Board members to forward any names of suitable sangha members to Bob
14. Tana to send request for volunteers for fundraising team
15. Bob or Tana to post notice of cancellations on dates that were previously announced in Crazy Wisdom.
16. Tana to prepare request to send to previous Oakwood retreat attendees and send to Mary for review
17. Tana to send email invite to AH class participants for Steiner 2020.
18. Tana to buy EMP bags and store local hard drive in fireproof box.
19. Isabelle to connect with Roger to determine safe electronic password retrieval for Board if Tana not available.
20. Tana to reach out to local WordPress designers and get quotes for design only.
21. Tana to move books to their own pages.
22. Pat to determine when next newsletter issue will come out.
23. Barbara to determine which son will take over DSC property in the event of DSC dissolution.
24. Barbara to ask Dharma Path class students what they would like to see for classes in fall

Next Meeting

February 23, 2020, 8 PM Eastern